



CLUB VIEWS

MEMBERSHIP HAPPY HOUR

FRIDAY, APRIL 6

6:00 to 7:00 pm
In the McCarter Room

Complimentary Beer, Wine
and Light Hors d'oeuvres

We will be featuring a limited menu in our dining rooms after the happy hour. We encourage dinner reservations after the happy hour. Please make your reservations by calling the club at 614-885-9516 or email reservations@worthingtonhills.com.

KIDS ZONE HAPPY HOUR NIGHT POLICY

- Kids Zone will be restricted to the first 25 children of members. No guests please.
- Reservations should be made at the front desk on a first-come, first-serve basis.
- A \$5.00 fee will be charged for each child staying in the Kids Zone on Happy Hour Nights.
- Staff will be provided from 5:45 to 7:45 pm.
- Children should not be running around in other areas of the clubhouse and they are not permitted in the Adult Happy Hour area.
- If you plan on staying longer than two hours, we ask that you get a babysitter for your children.
- The Kids Zone is geared towards stays of less than two hours.



LADIES GOLF OPENING INFORMATION NIGHT

WEDNESDAY, APRIL 4

6:00 pm
In the Worthington Room

Be sure to attend the Ladies Golf Opening Information Night on April 4th at 6:00 pm. This night will feature an overview of the various Ladies events throughout the season and perhaps most importantly cocktails and light hors d'oeuvres.

Beginner to seasoned player, we invite everyone to come out and see what we have planned. The Women's Golf Association is open to ALL WHCC Lady Golf members. When we say ALL, we mean ALL- Primary Golf Members and Spouses of Golf Members. If you are relatively new to the game, just coming back after a long break, or just want to test the waters, this group is for you!

The 9 hole and 18 hole Ladies group will play on Tuesday mornings beginning April 17th. The Ladies Night group will take place Wednesday evenings at 6:00pm beginning April 18th. These groups are open to everyone and we encourage you to play multiple times if your schedule permits.

If you are new to the club or to the game and would like help getting to know more information and/or would like to set up time to meet one on one, please feel free to call or email me at any time. It can be intimidating approaching a group, so please let us help you find the perfect fit for you!

Sign up for the event by calling the club at 614-885-9516 or email reservations@worthingtonhills.com.

EUCHRE NIGHT IN THE MEN'S LOUNGE

SATURDAY, APRIL 14

7:00 pm
In the Men's Lounge

Bring a partner and come meet other members! Enjoy dinner in our dining areas before the euchre tournament starts in the Men's Lounge.

Adults Only

Sign up by calling the club at 614-885-9516 or email reservations@worthingtonhills.com



LADIES BOOK CLUB

Our WHCC Ladies Book club meets the 1st Thursday of each month in the Ladies Locker Room.

APRIL 5TH
Book: **The Other Einstein**
by Marie Benedict

If you have any questions or would like to sign up to attend, please contact Nanci Larsen at 614-214-9625 or nanci.larsen7@gmail.com

May 3rd Book:
A Gentleman in Moscow
by Amor Towles



SWIM AND DIVE TEAM "ICE CREAM SOCIAL"

SUNDAY, APRIL 15

2:00 to 3:30 pm
In the McCarter Room

This is your opportunity to try on and purchase team suit and spirit wear, as well as fill out medical authorization cards and ask the coaches any questions that you may have. The team suit will be the same as last year.

Be sure to check out the WHCC Swim and Dive Team Website!

www.whccswimanddive.com

All registration for the swim and dive teams will be online. Members can also access the handbook, team schedule, sign up information and will be able to opt in for text/email alerts.

NEW MEMBER ORIENTATION

WEDNESDAY, APRIL 18

6:00 pm

All new members from the past year are invited to attend a New Member Orientation. Enjoy dinner while meeting staff members and learning about what the club has to offer you. On behalf of the Board of Directors, and our membership, we would like to thank you for choosing WHCC!

RSVP by calling the club at 614-885-9516 or email reservations@worthingtonhills.com.

Childcare will be available. Please indicate your need for childcare when making your reservation.

CHILDREN'S MOVIE NIGHT

FRIDAY, APRIL 20

Worthington Room
Buffet 6:30 pm

Movie at 6:45 pm – 8:30 pm:
"Ferdinand"

\$9.95 per child –
Includes Dinner and Movie

For Children Ages 5 to 11

Parents, bring your kids to the club for this fun event and enjoy a private dinner in our dining rooms while the children enjoy their dinner and a movie in the Worthington Room.

Children are welcome to bring sleeping bags and wear pajamas for the movie.

Sign up by calling the club at 614-885-9516 or email reservations@worthingtonhills.com

"SWEET MEMORIES" FATHER DAUGHTER DANCE

SATURDAY, APRIL 28

All Fathers and Grandfathers are welcome to attend this "sweet" event with your girls!

6:00 pm Dinner Buffet

7:00 pm Ice Cream Sundae Bar

6:00 to 9:00 pm DJ and Dancing

Adults \$16.95
Children \$11.95

Reservations will help ensure that this event is a success. Please make your reservations by calling the club at 614-885-9516 or email reservations@worthingtonhills.com.

SENIOR TRIBUTE NIGHTS

NOT JUST FOR SENIORS!

Every Tuesday Night in April we will feature two dinner entrees at the price of \$13.00 per entrée. The entrée will include your choice of soup or salad and accompanying side items. A great meal at a great price, perfect for taking the entire family to dinner!

Tuesday Menu to Include:

April 3

Beef Pot Roast *or*
Herb Crusted Tilapia

April 10

Chicken Parmesan *or*
Teriyaki Glazed Salmon

April 17

Liver and Onions *or*
Sweet and Sour Shrimp
Stir Fry

April 24

Almond Crusted Chicken
or Lemon Pepper Cod

KIDS EAT HALF PRICE

EVERY THURSDAY EVENING IN APRIL

Children will eat for half price in our dining rooms with a purchase of an adult entrée. We will feature a topping bar for their ice cream sundaes, so the children may add their own toppings.

April 19 - Balloon Sculptor in the Grill Room from 5:30 to 7:30 pm

Please make dinner reservations by calling the club at 614-885-9516 or email reservations@worthingtonhills.com.

WHCC WEEKLY SUNDAY BRUNCH

10:30 am to 1:30 pm
In the Grill Room

Adults	\$13.95
Children Ages 4-10	\$8.95
Children 3 and Under	FREE

This Weekly Brunch Features a Salad and Fruit Station, Breakfast and Lunch Items, Made-to-Order Omelet and Waffle Station and an Assortment of Desserts. Our private dining rooms are also available on Sundays. Perfect for larger groups looking to take advantage of our brunch while enjoying an intimate dining space.

Reservations are always appreciated. Make reservations by calling the club at 614-885-9516 or email reservations@worthingtonhills.com. If you are interested in booking private dining space, please contact Rian Hassen at 614-885-9516 or email rhasen@worthingtonhills.com.

RETAIL WINE NIGHT

EVERY WEDNESDAY IN APRIL

"Uncork" with us on Wednesday evenings.

Limited Wines will be offered at Retail Pricing. This list will vary each week.





BLOODY MARY AND MIMOSA BAR

Join us on Sundays and top off your favorite brunch cocktail with your choice of enhancements!

10 per person – Unlimited



FOOD MINIMUM REMINDER

The spending requirement for each quarter is \$100 and is based on the last name of each member. This includes all food and beverage on the property. It does not include alcohol.

Last name beginning A-F
Last day of the month of April, July, October, January

Last name beginning G-M
Last day of the month of May, August, November, February

Last name beginning N-Z
Last day of the month of June, September, December, March



MARK YOUR CALENDARS! UPCOMING MAY EVENTS

DEMO DAY & MEMBERSHIP HAPPY HOUR

Friday, May 4
3:00 to 7:00 pm Demo Day
5:30 to 7:00 pm Happy Hour on the Patio

The Professional Staff will be hosting a Demo Day for major equipment companies.

Drinks and light hors d'oeuvres will be available from 5:30 to 7:00 pm on the Patio.

Participating companies include: Titleist, Cobra, Taylor Made, Callaway, Cleveland, Mizuno, Nike, and More.
Try the newest equipment in golf technology and get your questions answered by the experts. Live Entertainment in the Grill Room from 6:00 to 9:00 pm.

We encourage dinner reservations, please make reservations by calling the club at 885-9516 or email reservations@worthingtonhills.com.

KENTUCKY DERBY PARTY

Saturday, May 5
4:30 to 5:30 pm Cocktails
5:30 pm Men's Grill for Betting on pre-recorded races
6:30 pm Derby

\$20 per person, Includes Hors d'oeuvres
Wear your best Derby outfit and hats!

Contact Greg Steller at 614-885-9516 or gsteller@worthingtonhills.com to sponsor a race or a horse. All funds will go towards the Young Executive Committee to use for club improvements.

MOTHER'S DAY BUFFET

Sunday, May 13
Reservations from 10:00 am to 1:30 pm and 4:00 to 6:00 pm

- Buffet to Include:
- Salad Display with Assorted Dressings and Croutons
 - Anti-Pasta Salad
 - Shrimp Cocktail
 - Carved Bone-In Honey Glazed Ham
 - Herb Crusted Halibut with Citrus Beurre Blanc
 - Green Beans with Pancetta and Onions
 - Lemon Blueberry Pancakes – *AM seating only*
 - Bacon and Sausage – *AM seating only*
 - Fresh Fruit Display
 - Southwest Corn Salad
 - Carved Prime Rib with Red Wine Jus
 - Chicken Parmesan with Tortellini Pasta
 - Spring Vegetable Medley
 - Buttermilk Mashed Potatoes
 - Rosemary Potato Home Fries – *AM seating only*
 - Scrambled Eggs – *AM seating only*

Adults \$22.95 / Children (Ages 4 to 10) \$10.95 / Children (Ages 3 & Under) FREE

Space is limited and this is always a sellout event. Make your reservation today by calling the club at 614-885-9516.

POOL OPENING WEEKEND FAMILY FUN DAY

Monday, May 28
12:00 to 4:00 pm

FIRST DAY OF SWIM & DIVE TEAM PRACTICE

Tuesday, May 29



2018 MEMBERSHIP SPRING CAMPAIGN

AMBASSADOR CLUB - REFERRAL CREDITS

The success of the club relies on you through your membership referrals!

Become a part of the Ambassador Club Program and be recognized for your efforts. The Ambassadors Club will recognize present members who recruit new members to the club.

Members who take part in this program this season and refer a new member will receive an Ambassadors Club Gift Certificate which will be good towards club spending.

NEW GOLF MEMBER

\$50 Monthly Ambassador Club Gift Certificate for One-Year

NEW JUNIOR GOLF MEMBER

Through Age 34 - \$25 Monthly Ambassador Club Gift Certificate for One Year

Age 35 & Up - \$50 Monthly Ambassador Club Gift Certificate for One Year

NEW SOCIAL MEMBER

\$25 Monthly Ambassador Club Gift Certificate for Six Months

Please contact the following staff members with the name and contact information of your referral. We will contact them to answer questions and offer a personal tour of the facilities.

Tara Billiter

Membership Director
614-885-9516
tbilliter@worthingtonhills.com

Greg Steller

General Manager
614-885-9516
gsteller@worthingtonhills.com

2018 SPRING CAMPAIGN PROMOTIONS

Brought to you by the Ambassadors Club

All promotions will end on April 30, 2018!

Golf Trial Membership

Two-Year Trial Membership

- No Initiation Fee During Trial Membership
- \$50 Savings on Monthly Dues During Trial Membership
- Discounted Initiation Fee at End of Trial Membership - Only \$3,000!
- Limited to 10 New Members

Additional Perks

- One Complimentary Golf Lesson, Tennis Lesson & Fitness Training Session
- Two Social Passes To Attend Two Social Events in 2018 - Free of Charge!

Junior Golf Trial Membership

Under Age 40

Two-Year Trial Membership

- No Initiation Fee During Trial Membership
- Monthly Dues Based On Age Of Member
- Discounted Monthly Dues During Trial Membership

Ages 21-31: \$25 Savings Monthly

Ages 32 & Up: \$50 Savings Monthly

- Discounted Initiation Fee at End of Trial Membership - Only \$1,000!
- Limited to 10 New Members

Additional Perks

- One Complimentary Golf Lesson, Tennis Lesson & Fitness Training Session
- Two Social Passes To Attend Two Social Events in 2018 - Free of Charge!

Social Trial Membership

One-Year Trial Membership

- No Initiation Fee During Trial Membership
- Discounted Initiation Fee at End of Trial Membership - Only \$500!
- Limited to 25 New Members

Additional Perks

- One Complimentary Tennis Lesson & Fitness Training Session
- Two Social Passes To Attend Two Social Events in 2018 - Free of Charge!

Fitness - Clubhouse Trial Membership

Two-Month Trial Membership

- No Initiation Fee & No Monthly Dues During Trial Membership

Additional Perks

- One Complimentary Fitness Training Session

SOCIAL UPGRADE PROGRAM

Attention Social Members!

The golf season is right around the corner! What better time to upgrade your social membership to a golf membership with full access to our golf course, practice facilities, associations and tournaments. Our social membership plays a large role in the development of the golf membership.

Social Upgrade Program Details

- \$100 Monthly Dues Savings During Trial Membership
Upgrade to a golf membership and pay only \$400 (normally \$500) per month during the two-year trial membership.
- A two-year commitment is required with this program.
- No deposit is required.
- At the end of the two-year golf commitment, pay only a \$2,000 initiation fee, minus any previously paid initiation fees.
- Limited to 10 applicants. The program will end on April 30, 2018.

Contact Greg Steller at 614-885-9516 or gsteller@worthingtonhills.com if you have questions or are interested in this great opportunity.



Golf and Pro Shop News...

A NOTE FROM THE PRO

I hope that everyone's spring is off to a great start. From reviewing previous years rounds of golf, I know we have not been spoiled like years past but all things considered, we have faired pretty well. We can only hope that blue skies and warm weather will allow us to be full speed ahead for the 2018 golf season. There are many great events set to kick off in April so be sure to read carefully to see what is coming up.

Happy Golfing,

Justin Van Heukelom, PGA
Head Golf Professional

CELEBRATE OUR CHAMPIONS

Please join me in congratulating Mr. Adrian and Mr. Kern as they were crowned the 2018 Worthington Hills Country Club Indoor Champions. After five weeks of competition, the finals took place March 15th at Torrey Pines. Mr. Adrian and Mr. Kern squared off against the team of Mr. Ferkany and Mr. Mearhoff and emerged victorious after 19 holes.

Thank you again to all who participated.

MEN'S OPENING DAY

SATURDAY, APRIL 21ST

The format for this years event will be an ABCD best ball. A fun new twist to this years event will be the pre-event party beginning at 6:00pm on Friday, April 20th.

Teams will be drawn live out of a hat, so come out to see who your partners will be. Be sure to make a dinner reservation for after the party! *Registration is now live on Golf Genius for this event and players can also stop by the golf shop to sign up.*

MASTERS EVENT

SATURDAY, APRIL 7TH

On Saturday, April 7th we will be hosting a Masters themed golf event that will feature each player selecting a player from the Masters field and combining their Saturday score, with their own 18 hole net score here at Worthington Hills. Each player will receive 100% of their adjusted course handicap and all players are encouraged to participate.

SENIOR GOLF ASSOCIATION OPENING DAY

TUESDAY, APRIL 17TH

The Senior Men's Golf Association will begin play on Tuesday, April 17th with an opening ABCD Best Ball event. Registration can be done by calling the golf shop or going online to our Senior Men's page on the Worthington Hills Country Club website and clicking the link to the Golf Genius sign up page. As a reminder, the Senior Golf Association is open to all Golf Members 50 and over.

BLUE COAT TOURNAMENT QUALIFIER

TUESDAY APRIL 24 - SUNDAY, APRIL 29

Registration is open for the 2018 Blue Coat Tournament Qualifying. Players have the entire week to schedule their 18 hole qualifying round in hopes of being a part of the 32 team field.

The qualifier will be an 18 hole 1 net best ball of the two with each player receiving 90% of their course handicap.

As a reminder, teams cannot have greater than a 12 stroke handicap spread.

Check your Directory for complete event details and call the golf shop to sign up today!

MEN'S LEAGUE INFO NIGHT

THURSDAY, APRIL 26TH
6:00 pm

The 2018 Men's League is already full and we are now accepting teams for the waiting list.

We will cover all info needed for the league this season and also feature a casual par 3 shootout to kick the season off.

Please call the golf shop to RSVP for this event so we know how many players will be able to participate in the shootout.

UPCOMING DEMO DAYS

FRIDAY, APRIL 6TH
2:00 pm - 5:00 pm

We will be featuring Cleveland/Srixon, so come get your wedges dialed in and see how Srixon can improve your iron game. Call the golf shop to set up an appointment.

Not to get too far ahead, but the much anticipated outdoor demo day is scheduled for Friday, May 4th.

We have many vendors lined up and will be sending out more details in the coming weeks.

JUNIOR GOLF ORIENTATION

SUNDAY, APRIL 22ND
1:00 pm - 3:00 pm
In the Learning Center

Parents and juniors are encouraged to attend this informative session to learn about all of the great programs planned for 2018.

In addition to program information, we will also have our US kids fitting materials available if your junior is in need of new equipment.

Please RSVP by calling the golf shop 614-885-9128.

GUEST FEE PACKAGE

Take advantage of great savings for your guests with the 2018 Guest Fee Package. Pre-purchase six guest fees for only \$325. This is a tremendous savings of \$100 for the six rounds of golf!



Golf and Pro Shop News...

SEASONAL CART PACKAGE

Golf Members have the opportunity to pre purchase their cart plan for the 2018 season. Registration forms were sent with the 2018 Golf Information packet and can be returned to the Golf Shop.

One Person	\$1,400
Two Family Members	\$2,000
Three or More Family Members	\$2,300

REDUCED GUEST FEE DAYS

Not sure if you will be entertaining that many guests this season? Take advantage of our reduced guest fee days.

Bring a guest on the following dates and pay only \$55- cart included!

Wednesdays
May 9th
June 13th
July 18th
August 29th
September 12th

From the Golf Learning Center...

Now that we are able to get back outside for some practice it's important to spend the right amount of time working on the right areas of your golf game. The four areas of your game I recommend you practice are Putting, Short Game, Approach Shots and Driving. Always remember, the closer you are to the hole the greater chance you have to improve your score through practice. If you hit 50% more fairways and 50% more greens you still haven't improved your score but if you get up and down 50% more often or make 50% more putts on the greens your scores can improve substantially. So always start your practice sessions at the greens and move backward to the tee.

The easiest way to find out what and how to practice is through a statistical analysis of your game. This could be as simple as keeping track of the amount of fairways and greens you hit as well as how many up-and-downs and putts you have. If you're looking for a more detailed approach ask me about my custom-built stat tracking system that you can use to dial in your practice sessions. We can look at all areas of your game including what clubs you use most often, where are your misses and what amount of time should you designate to the above four areas of your game. There's no better time than now to make a commitment to improve!

Happy Golfing,

Ben Bastel, PGA
1st Assistant Golf Professional
Director of Player Development

From the Courts...

A NOTE FROM THE PRO

Welcome back to tennis season Worthington Hills members! For the new members, my name is Amos Allison and I'm excited to return to Worthington Hills for my eleventh year as your Director of Tennis! If you're like me, this winter was way too long, way too cold and way too dreary! Fortunately for us we are able to spend our summer days in the atmosphere of the best tennis facility in the city enjoying the game we love with the friends who are as close as family.

It's always my goal at Worthington Hills to provide a quality tennis experience for all of our members. We have an extremely accomplished and knowledgeable pro-staff who are always willing to help you improve your game. Our pro-shop has a stringer on-site as well as plenty of demo racquets that you can use until you find the perfect one. We have a hitting wall and ball machine for those times that you just want to work on the game by yourself.

This summer we will enjoy having lights on two more clay courts (4 & 5) which will help us to develop more intra-club league play that some members enjoyed last year. We are also hoping to offer some more adult clinics as well as a wider variety of times for junior classes.

We will continue to have our GCTA teams and all of our wonderful events that we've enjoyed in the past; Our Kickoff events, Member Guest events, Members Weekend Tennis Smash, and of course our Club Championships Finals event!

Our pickleball community has also continued to grow and we will offer some more competitive events as well our social round robins that occur on a weekly basis.

Please feel free to e-mail us at whcctennis@gmail.com. If you're a new member looking to get involved in our program, please send us an e-mail introducing yourself and what might best suit you and we will steer you in the right direction!

On a personal note, a lot of you know that my wife, Kelsey, was struggling with her Cystic Fibrosis at the end of last summer. Well, with the Grace of God and the miracle of modern medicine she received a new set of lungs on January 18th! While the road to recovery will be a long and difficult one, so far it has been going really well and it's always a road we're happy to be on. We have been blessed to have the support of so many people from the Worthington Hills community. Whether it's been prayers, meals, kind words, or just registering all your complaints with Jamie, we are grateful for everything, thank you!

Again, we're looking forward to a great summer of tennis at Worthington Hills!

Thanks and see you on the courts!

Amos Allison
Director of Tennis
Worthington Hills Country Club



From the Courts...

CALENDAR OF EVENTS

May 18
Friday Night Mixed Doubles & Tennis Open House
6:00 pm

May 19
Pickleball Open House
4:30-6:00 pm

May 21
Ladies' Team Clinics Begin

May 27
Men's Kickoff Event
9:00 am-12:00 pm

May 28
Men's Team Clinics Begin

May 29
Tennis 101 Begins
6:30-8:30 pm

June 2
Women's Kickoff Event
9:00-11:00 am

June 3
Junior Carnival
1-3:00 pm

June 24
Members' Weekend
Tennis Smash
Time TBD

July 14
Ladies' Member-Guest
9:00 am-12:00 pm

July 15
Family Fun Day Time
1:00-3:00 pm

August 26
Men's Member-Guest
9:00-11:30 am

September 3
Club Championship Finals
Times TBD

TENNIS ASSOCIATION

Please remember to join the tennis association. Membership costs are only \$40 and allows you to participate in the following: Friday Night Mixed Doubles, Member's Weekend Tennis Smash, GCTA Teams, Junior Carnival, Club champions, Tennis 101, Men's Night, Family Fun Day and the Member Guest Events. Association dues help fund these events and allow members to enjoy gifts and food and beverages at a reduced cost or even free!

SOCIAL MEDIA CORNER

WHCC APP
Be sure to download the WHCC App to your smartphone. We update the App daily once the summer season begins. We also use the App to notify members of bad weather and changes in programs.

INSTAGRAM
Follow us at @whcctennis. Also, feel free to tag us in any great pictures you take of our tennis program.

FACEBOOK
Like and share the Worthington Hills Tennis Facebook page. You can find information on upcoming events and even sign up for some on the Facebook page.

MEN'S GCTA TEAMS

We have teams at the 3.0, 3.5, 4.0, Open, and Gold level. The cost is \$15 per team you are on, plus an additional cost for home matches. Most matches are played on Saturdays and Sundays. Please let us know if you're interested in participating on one of our GCTA teams.

WOMEN'S GCTA TEAMS

We have both Daytime and Evening teams at the 2.5, 3.0, 3.5, 4.0 and 4.5 levels. Cost is \$15 per team plus an additional cost for all matches played. All matches are played during the week, either in the morning or in the evenings. Please let us know if you're interested in participating on one of our GCTA Teams.

PRIVATE LESSON PRICES

Head Professional
\$52 per hour

Assistant Professional
\$50 per hour

ADULT CLINIC PRICING

18 hours of clinics for \$190 or \$17 per hour

We will keep track of your clinic hours for you and charge you the cheaper rate. Adult Clinic Hours include: Pre Season Clinics, GCTA Team Clinics, Tennis 101, or any clinic that contains four or more members per Pro. We will also combine the hours of spouses to make sure spouses are charged the cheaper rate. We do not allow Clinic Packages to be split with kids. If you ever have any questions about how many clinic hours you've attended, just let us know and we'll look that information up for you. The clinic package begins on May 1 and runs through the month of August.

GUEST FEE

\$8 PER GUEST

Please make sure to register all guests with the tennis pro-shop. We have not been doing a good job enforcing this in the past, but we will be making sure all guests (tennis or pickleball) get charged each time they play and that they are limited to 5 times per season.

E-MAIL

We communicate through the whcctennis@gmail account. If you have never received an e-mail from this account please send us an e-mail and we'll make sure to add you to our contact list. You can use the e-mail to find out information about upcoming events, and to reserve a court. We try to send out an email weekly with upcoming events as well as any other important news.

COURT RESERVATIONS

Members may reserve a court up to seven days in advance. Members may not reserve a court for the whole summer unless it is an organized league that gets approved by the staff. Courts may be reserved for 1.5 hours for singles and 2 hours for doubles. With our additional lights we hope to have to enforce these time limits to get more people playing. Court reservations can be made by stopping in the pro-shop, calling the pro-shop (614-885-4378) or by e-mailing the pro-shop (whcctennis@gmail.com). If you call and leave a message or e-mail, we will respond to your request with a confirmation. Please do not text staff to make a court reservation.



From the Courts...

NEW MEMBER OPEN HOUSE / FRIDAY NIGHT MIXED DOUBLES KICKOFF!

FRIDAY, MAY 18
6:00 pm

We will kick off our tennis season with a great night of Mixed Doubles and socializing. We'll meet out at the tiki bar which will be fully stocked and staffed and get to see all of our summer friends again. There will sign ups for different programs as well as representatives to help get new members involved. Feel free to come just for the food, drink, and company, or feel free to come to play as much tennis as you'd like. Come alone, or with a partner, either way it'll be a great night to begin our summer season! All members, new and experienced are invited. If it rains we will meet in the clubhouse and enjoy some food and beverages while we discuss our past and future victories!

PICKLEBALL OPEN HOUSE - NEW THIS YEAR!

MAY 19
4:30 to 6:00 pm

Come get introduced or re-aquainted with the fastest growing sport in the world! Worthington Hills has 8 lined Pickleball courts and we're happy to offer our members an opportunity to learn the game and meet some of our established players! The price of the Pickleball and beverages are both free!

UPCOMING EVENTS

LADIES' TEAM CLINICS
Starts Monday, May 21st

MEN'S BEER AND ROUND ROBIN
Starts Wednesday, May 23
6:30-8:30 pm

Men at all skill levels are encouraged to come out and enjoy a great round robin of tennis every Wednesday night. This event runs all summer and participants get a free beer!

MEN'S KICKOFF EVENT
Sunday, May 27
9:00 am-12:00 pm

Enjoy a round robin of tennis with your friends and a few cold beverages...it's free!

MEN'S TEAM CLINICS
Starts Monday, May 28th
Team clinic days and times will be determined.

TENNIS 101
Starts Tuesday, May 29

Want to learn the game of tennis? Come on out on Tuesdays, from either 9:00-11:00 am or 6:30 to 8:30 pm and get introduced to this great game! We can provide demo racquets for you if you don't already have your own. Since we use the Adult Clinic Package to bill, you can come as few or as many times as you'd like. Our instructors do a great job of teaching you the strokes and strategies of the game!

WOMEN'S KICKOFF EVENT
Saturday, June 2
9:00 -11:00 am

Tennis is from 9:00-11:00 am with lunch following. It's a great morning to get reacquainted with the outdoors and soft clay. Lunch will be served at the tennis complex once again!

JUNIOR CARNIVAL
Sunday, June 3
1:00-3:00 pm

Kids of all ages are invited to come out and meet the tennis staff and have a fun day of games and drills that will leave every kid wanting to play more summer tennis! There will be ice cream at the end and every kid will leave with a prize.

MEMBERS' WEEKEND TENNIS SMASH
Sunday, June 24
Time TBD

Please join us for a tennis exhibition event and a round robin for our members! It's a great day of tennis and fun with lots of prizes! Please come out and support Worthington Hills and the tennis program and watch your favorite pro's in action!

LADIES' MEMBER-GUEST
Saturday, July 14
9:00 am-12:00 pm

Bring a guest and enjoy a fun day of social tennis along with a delicious lunch! Following tennis, we will pose for a group photo before heading to the clubhouse for lunch. Both members and guests will receive a favor. We will limit this year's event to 80 total participants.

FAMILY FUN DAY
Sunday, July 15th

We invite children and their parents to enjoy a social day of tennis and fun. If a child's parent doesn't play tennis and they want to invite an aunt, uncle, or grandparent, we'd love to see the whole family out there having fun! There will be regular doubles play, as well as fun games and prizes.

MEN'S MEMBER-GUEST
Sunday, August 26th

This event begins with a continental breakfast at 8:30 am followed by round robin of tennis from 9:00-11:00 am. It concludes with lunch and beverages on the tennis courts. Each member and guest will receive a favor.

CLUB CHAMPIONSHIP FINALS
Monday, September 3

We will begin taking sign-ups for the Club Championships in May and the deadline to sign up will be July 4. Once we have everyone signed up, we will post the draws and tournament play will begin. The finals will still be played on Labor Day, Monday, September 3rd, with lunch available along with beer and wine. It's always a great day to come out and support your fellow members and watch some great tennis!



Junior Tennis...

SPRING JUNIOR TENNIS CLINIC SCHEDULE

AGE GROUPS AND CLASS DESCRIPTIONS

Mighty Mites Ages 3-5
Mini nets and special training balls, which are age appropriate for beginning children, will be used. We will strive to teach teamwork and basic skills as we introduce the children to the game of tennis including a combination of skills and fun games.

Future Stars Ages 6-9
Mini nets and special junior training balls will be used which will help children develop their skills and begin rallying. Games and drills will be used to teach strokes and grips along with techniques of footwork. Using junior training equipment, we will introduce the serve with the aim of having the children rally and enjoy the mini-tennis experience.

Junior Development Ages 10 & older
Students will transition to regulation sized tennis courts with regulation tennis balls. They will be grouped on the court based on age ability. The focus will continue to be on stroke and technique development and how to use them in a point situation

Session I April 23rd through May 10th
All classes offered Monday through Thursday
Session II May 14th through May 31st
All classes offered Monday through Thursday

Mighty Mites (ages 3-5) 3:00 to 3:30 pm \$8 per class
Future Stars (ages 6-9) 3:30 to 4:30 pm \$16 per class
Junior Development (ages 10 & up) 4:30-6:00 pm \$24 per class

SUMMER JUNIOR TENNIS CLINIC SCHEDULE

Session I June 4th through June 21st
Session II June 25th through July 12th
Session III July 16th though August 2nd
ALL CLASSES OFFERED MONDAY THROUGH THURSDAY

Mighty Mites (ages 3-5)
12:30 to 1:00 pm
\$8 per class or 6 class package for \$45 / 12 class package for \$72

Future Stars (ages 6-9)
1:00 to 2:00 pm
\$16 per class or 6 class package for \$90 / 12 class package for \$144

Junior Development (ages 10 & up)
New This Year - Class will be divided into Beginner and Advanced Groups
2:00 to 3:30 pm
\$24 per class or 6 class package for \$135 / 12 class package for \$216

CLASS PACKAGES ARE TO BE USED PER SESSION

JUNIOR TENNIS TEAM

Represent Worthington Hills Country Club against other Columbus Clubs and Teams.

FRIDAYS AT 1:00 TO 3:00PM STARTING IN JUNE

\$25 Team Fee Includes: water bottle, t-shirt, grip, and damper

\$10 per match + Gatorade

\$15 drop-in fee (if not signed up for team)



FAMILY FUN DAY

SUNDAY, JULY 15TH

1:00 to 3:00 pm

Formerly known as the Parent/Child Tournament.

We invite children and their parents to enjoy a social day of tennis and fun. If a child's parent doesn't play tennis and they want to invite an aunt, uncle, or grandparent, we'd love to see the entire family out there having fun!

There will be regular doubles play as well as fun games and prizes. Cost: FREE!

NEW THIS SUMMER

FRIDAY AND SATURDAY MORNING JUNIOR CLINICS

For those that can't make our weekday afternoon classes, or if they just can't get enough tennis, join us in the morning!

WATCH MONTHLY NEWSLETTERS FOR UPDATES ON SCHEDULE

If none of the class days or times work for your child, we are always willing to accommodate. Private lessons or groups can be arranged at the Teaching Pro Rate (\$50/hour)

For more information or to sign up for any classes, please contact Jamie Strabala at (330)221-2553 or email JamieStrabala@gmail.com

JUNIOR CARNIVAL

SUNDAY, JUNE 3RD

1:00-3:00pm

Tennis, Games, Prizes, and Ice Cream!

Bring your children or grandchildren for a fun day to get to know the instructors and sign up for classes!

Every Child leaves with a prize! Cost: FREE!



Platform Tennis News...

MEN'S CLUB CHAMPIONSHIP RESULTS

Sunday March 11th was a perfect day for platform tennis. Six teams battled it out over the course of an afternoon for the Men's Platform tennis club championship. In the final Craig Bennington and Matt Wooster won a tough match over Jeff Fox and Chris Zimmerman to claim the championship for the second year in a row. Congratulations.



END OF SEASON MIXED DOUBLES EVENT

SATURDAY APRIL 7
5:00-7:30 pm

To end the season right we will be holding a fun "mixed-up" mixed doubles play and social event. Come as a couple or by yourself. We will have lots of round robin play so you can get to know other players and have fun. Refreshments and drinks will be provided. If you are interested, please email or call Bruce Crocco (brucecrocco@yahoo.com) 614-313-7360 with any questions or more details. There will also be a signup sheet in the platform tennis hut.

Swim & Dive Team News...

GO SEAHORSES!

The WHCC Swim and Dive Teams compete against other central Ohio Country Clubs. Swimmers and divers will improve their skills while participating in friendly competition. This is a great way to meet other children at the club.

Our swim and dive coaches make sure that this is a fun experience for everyone. Your swimming ability does not matter as long as you can swim the length of the pool. Our coaches will work with you.

IMPORTANT SWIM AND DIVE TEAM DATES

- April 15** Ice Cream Social & Suit Fitting 2-3:30 pm
- May 29** First Day of Practice
- June 4** Intra Squad Meet @ WHCC, 5 pm Warm Up, 6 pm Meet, Dinner Buffet & Parent Mtg.
- June 11** Worthington Hills @ New Albany
- June 18** Scioto @ Worthington Hills
- June 25** Brookside @ Worthington Hills
- July 2** TCC @ Worthington Hills
- July 4** Team Float in the parade
- July 9** The Lakes @ Worthington Hills
- July 11** Dive Championships @ New Albany
- July 14** 8 and Under Championships @ Brookside
- July 16** 9 and Older Championships @ OSU
- July 18** Swim and Dive Banquet

SWIM TEAM PRACTICE SCHEDULE

9 & Over	9:30 to 10:30 am
7 - 8	10: 30 to 11:30 am
6 and Under	11:30 to Noon

DIVE TEAM PRACTICE SCHEDULE

9 & Older (dive & swim)	8:30 to 9:15 am
9 & Older (swim only)	9:15 to 10:00 am
8 & Under	10:00 to 10:30 am

Fitness & Wellness News...

WHCC PERSONAL TRAINER

-Aaron McGrath

RATES

Half Hour Sessions		Hour Sessions	
1 Session	\$35	1 Session	\$55
4 Sessions	\$115	4 Sessions	\$185
8 Sessions	\$205	8 Sessions	\$300
10 Sessions	\$230	12 Sessions	\$390
12 Sessions	\$240		

MASSAGE THERAPY AT WHCC

WE HAVE SOME EXCITING CHANGES TO THE MASSAGE DEPARTMENT....ONLINE SCHEDULING AND A NEW THERAPIST!

Please welcome our new massage therapist, **Payton, to WHCC!** Bringing Payton on board will make massage available everyday except Sunday!

Online Scheduling

You may now schedule your massage with either Paula or Payton online through the WHCC App or the link on our website in the Fitness Section.

Choose from these massage modalities:

- Swedish
- Deep Tissue
- Hot Stone
- Craniosacral Therapy
- Trigger Point Therapy
- Neuromuscular Therapy
- Active Isolated Stretching
- Cupping
- Prenatal
- Newborn
- Sports
- Myofascial Release

Massage Prices:

30 Minutes	\$50
60 Minutes	\$80
75 Minutes	\$95
90 Minutes	\$110

Massage Packages:

(3) 60 Minute Package	\$210
(3) 75 Minute Package	\$255
(3) 90 Minute Package	\$300

Hot Stone:

60 Minute	\$95
90 Minute	\$125

Add Ons:

- Kinesio Taping - \$10 with your own tape / \$15 without tape
- Cupping may be incorporated into any massage upon request

If you have any questions or concerns, please feel free to text or call Paula at 614-849-2967.



CLASS DESCRIPTIONS

Body Blast: From plyometrics to core strength to muscle conditioning, this class challenges people of all levels of fitness and athletic capabilities to progress to new heights!

Bootcamp: This class is designed for those desiring to lose weight, increase cardiovascular fitness and increase muscular strength more efficiently. It is for the beginner to the advanced enthusiast. Workout in a TEAM environment while challenging yourselves with others to reach your personal fitness goals.

Cardio Weights: A healthy combination of cardiovascular work and resistance training! This class uses a large variation of equipment and effective movements.

Core & More: 45 minute class focusing on the powerhouse midsection, including back and core muscles. A strong core will make for a strong, fit body less prone to injury. But wait...there's more!

FUNctional Training: Functional training is geared toward strengthening your body to allow it to be more efficient in everyday life. The 30 minutes spent developing dynamic strength, flexibility and agility carries over into your daily activities, making life a bit easier. Benefits to attending this class include improved muscular balance, joint stability and injury prevention.

H.I.I.T Circuit: 8 different stations of 1 minute of work and 30 seconds of recovery consisting of plyometrics, strength training, dumbbells, kettlebells, battling ropes, cardio bursts and more. We will work you harder and challenge you differently in every class.

Hip Hop Dance: High energy music make this class a MUST! Join our fitness party as we move to the greatest hits from yesterday and today. Show us your style and you'll leave with a smile! No hard choreography here, just fat blasting, fun cardio. Come ready to sweat!

Kickboxing: This athletic workout will give you a great workout in just 55 minutes! A combination of challenging punch and kick intervals and strength exercises using a variety of equipment!

Senior Fit: Features strengthening, flexibility, and cardiovascular exercises all modified for the senior audience.

Slow Flow Yoga: A gentle, slow style of Hatha Yoga where the focus is the movement coordinated with the rhythm of the breath, to reduce stress and to ease tension. Yoga is the missing puzzle piece to your overall fitness program. All levels welcome! Come relax and breathe with us!

Spinning: Spinning is an indoor cycling workout which allows participants to experience the mind/body connection that is the foundation of obtaining health and fitness. Whether beginner or skilled athlete, participants can tailor the workout to best suit their individual fitness levels.

Spin/Strength: 30 Minutes of abs paired with 30 minutes of strength training. This class is designed to leave your body sculpted and defined.

Tabata Training: Each set is 4 minutes of one fat burning or strength training exercise. The 4 minutes consists of 8 intervals of the same exercise. Through a variety of simple, yet intense timed exercises, each class will blast the calories and provide results in a short amount of time.

Warrior Wednesday: This class build strength, adds definition, increases your bone density and decreases your body fat by increasing your lean muscle.

Zumba: Zumba is the new dance craze sweeping the US that promised to be so much fun that you won't even realize you are working out. Fusing hypnotic Latin rhythms with easy to follow moves, Zumba is one of a kind dance class designed to burn calories and get the energy pumping round your body.

All Classes with an asterisk are \$4 per class. You can also purchase an unlimited month: Single person \$25 and couple/family \$45

GROUP EXERCISE SCHEDULE

	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
6:00 am	Spinning*	P90X	Cardio Weights*	P90X	Kickboxing*		
7:00 am		7:30 am Core & More	Yoga*	7:30 am Core & More	7:30 am Core & More		
8:00 am	8:10 am Tabata Training*			Body Rock	8:10 am H.I.T.T. Circuit	Spinning*	
9:00 am	Spinning*				Spinning*	Yoga*	
9:30 am			Spin/Strength*				
10:00 am	Yoga with Elaine*		10:20 am Warrior Wednesdays		Bootcamp*	Yoga*	
10:30 am							
11:00 am							
1:00 pm	Senior Fit		Senior Fit		Senior Fit		
2:00 pm							
4:30 pm							
5:30 pm			5:15 am Cardio Strength & Core*				
6:00 pm			Spin Core Express*				
6:30 pm							
7:00 pm							Boot Camp*
7:30 pm		Hatha Yoga*		Slow Flow Yoga*			
8:00 pm							



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Easter Sunday	2 Clubhouse Closed Fitness Center Open	3 Senior Tribute Night	4 Ladies Golf Info Night Retail Wine Night	5 Ladies Book Club Kids Eat Half Price	6 Membership Happy Hour	7 Men's Golf Master's Event Platform Tennis Mixed Doubles Event
8 Sunday Brunch	9 Clubhouse Closed Fitness Center Open	10 Senior Tribute Night	11 Retail Wine Night	12 Kids Eat Half Price	13	14 Euchre Night
15 Sunday Brunch Swim and Dive Team Ice Cream Social	16 Clubhouse Closed Fitness Center Open	17 Senior Golf Opening Day Ladies Golf Day Senior Tribute Night	18 New Member Orientation Ladies Night Golf Retail Wine Night	19 Kids Eat Half Price Balloon Sculptor in Grill Room 5:30-7:30pm	20 Children's Movie Night Men's Opening Day Pre-Party	21 Men's Golf Opening Day
22 Sunday Brunch Junior Golf Orientation	23 Clubhouse Closed Fitness Center Open	24 Senior and Ladies Golf Day Senior Tribute Night	25 Ladies Night Golf Retail Wine Night	26 Men's League Info Night Kids Eat Half Price	27	28 Father Daughter Dance
29 Sunday Brunch	30 Clubhouse Closed Fitness Center Open					



CLUBVIEWS

WORTHINGTON HILLS COUNTRY CLUB

920 Clubview Boulevard South
Columbus, Ohio 43235
(614) 885-9516
Fax: (614) 436-3090
www.worthingtonhills.com

For Dining Reservations, always call
(614) 885-9516 or email
reservations@worthingtonhills.com

COUPLES LOUNGE & GRILL ROOM

Monday Closed
Tuesday - Friday 11:00 am to 9:00 pm
Saturday 9:00 am to 9:00 pm
Sunday 9:00 am to 3:00 pm
(Please Note: No Dining Service between 3:00 and 5:00 pm)

MEN'S LOUNGE

Monday Closed
Tuesday - Friday 10:00 am to 6:00 pm
Saturday & Sunday 8:00 am to 5:00 pm

FITNESS

Monday - Friday 5:30 am to 9:30 pm
Saturday 8:00 am to 9:00 pm
Sunday 8:00 am to 8:00 pm

CHILDCARE

Monday & Wednesday 8:00 am to 1:00 pm
(No Evening)
Tuesday, Thursday - Saturday 8:00 am to 1:00 pm
5:00 pm to 9:00 pm
Sunday Closed

GOLF PRO SHOP HOURS

Tuesday - Saturday 9:00 am to 5:00 pm
Sunday 9:00 am to 3:00 pm
Monday Closed

Hours are subject to change based on Weather